



	MON	TUE	WED	THU	FRI	SAT
	2 REQUIRED KATA	3 BELT TESTING * NO REGULAR CLASSED *	4 REQUIRED KATA	5 MULTIPLE OPPONENT SPARRING	6 REQUIRED KATA	7 HOLLY, JOLLY, JUMPKICKS
Stripe Week White to Green Belt	9 SANTA SPARRING	10 REQUIRED KATA	11 PARENTS HOLD THE PADS	12 REQUIRED KATA	13 STUDENT CHOICE: SPARRING, SPARRING OR SPARRING	14 BOOTCAMP @ 9:00
Stripe Week Blue and Higher Belts	16 REQUIRED KATA	17 SIX SENSEIS SPARRING	18 SORE CORE!!! @ 6:50 AND 7:30	19 REQUIRED KATA	20 REINDEER GAMES	21 BELT TESTING * SEE SPECIAL SCHEDULE *
	23 DOJO CLOSED FOR CHRISTMAS BREAK	24 DOJO CLOSED FOR CHRISTMAS BREAK	25 DOJO CLOSED FOR CHRISTMAS BREAK	26 DOJO CLOSED FOR CHRISTMAS BREAK	27 DOJO CLOSED FOR CHRISTMAS BREAK	28 DOJO CLOSED FOR CHRISTMAS BREAK
	30 DOJO CLOSED FOR CHRISTMAS BREAK	31 DOJO CLOSED FOR CHRISTMAS BREAK	JANUARY 1 DOJO CLOSED FOR CHRISTMAS BREAK	JANUARY 2 DOJO CLOSED FOR CHRISTMAS BREAK	JANUARY 3 DOJO CLOSED FOR CHRISTMAS BREAK	JANUARY 4 DOJO CLOSED FOR CHRISTMAS BREAK

Monthly Notes: December

- ✳ The **BlackBelt Graduation** takes place on **Sunday, December 8th** at **York University** beginning at **2pm**. All NKS students and families are welcome to attend and support our NKS Markham graduates! Information/maps are available in the office.
- ✳ The **SPECIAL SCHEDULE** for **Saturday, December 21st** is as follows:
 - 9:00 - 10:00 ~ Adult Grading** (Adult students not grading are welcome to also attend)
 - 10:00 - 11:50 ~ All regularly scheduled classes**
 - 11:50 - 12:30 ~ Kids Yellow to Blue Belt Grading** (No regular classes at this time)
 - 12:30 - 1:30 ~ Kids Advanced Blue and Up Belt Grading** (No regular classes at this time)
- ✳ There **will not** be any Yoga in December due to the shorter month.
- ✳ The dojo will be **closed for our 2-week Christmas Break starting on Monday, December 23rd**. We will re-open on our regular class schedule on **Monday, January 6th**. From our NKS family to yours, have a wonderful holiday filled with love, family and plenty of good food! We promise to help you burn it off in the New Year!!

